

Aesthetics & IV Nutritional Therapy

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PARAFFIN WAXING INFORMED CONSENT

For over 90 years paraffin moist heat therapy has been used to relieve pain, inflammation and stiffness caused by arthritis. Warm paraffin is also used extensively to soften dry, cracked skin by drawing moisture from within the body to the surface. Paraffin acts like a form of heat therapy and can help increase blood flow, relax muscles, and decrease joint stiffness. Paraffin wax can also minimize muscle spasms and inflammation as well as treats sprains.

It is completely natural and has a low melting point, which means it can be easily applied to the skin at a temperature low enough not to cause burns or blisters.

However, if you have very sensitive skin, paraffin wax may cause heat rash. Heat rash results in small red bumps on the skin that can be itchy and uncomfortable. You may develop minor swelling or breakouts from the wax treatment.

You should not use paraffin wax if you have:

- poor blood circulation
- numbness in your hands or feet
- diabetes
- any rashes or open sores
- chemical sensitivity
- allergy to petroleum based products

Cancellation Policy: I understand that all payment for services to Integrative Health are non-refundable and all sales are final.

By my signature below, I certify that I have read and fully understand the contents of this consent form. I was given the opportunity to ask any questions or clarification I might have prior to signing this consent and thereby grant permission to perform this procedure on me.

Signature – Patient

Print Name

Date