

Aesthetics & IV Nutritional Therapy
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TATTOO REMOVAL Instructions

Precautions to take before your light-based treatment:

No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of Posttreatment complications.

Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.

Remove all makeup, creams or oils prior to treatment

Be sure to inform your care provider if you have ever had cosmetic tattoos or cosmetic pigmentation or permanent makeup applied near the area of treatment

Instructions following your laser treatment: General (Pigment and Tattoo):

Cleanse the treated area at least daily with water and mild soap, and then pat the area dry

Do not rub or scratch the treated area

If crusting/scabbing occurs, do not shave or pick area. Apply Aquaphor ointment (tattoo) or other moisturizer (face) to the area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own.

If you are prone to break outs or have oily skin, consider waiting 24 hours before applying any topical products

Discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen

Avoid contact sports or any other activity that could cause injury of the treated area

Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals

Contact physician if there is any indication of infection (redness, tenderness or pus)

If you have any questions or concerns, contact Kasey Landrus, RN at 208-799-3333 or aesthetics@cableone.net. After-Hours emergency: 208-225-6679